

JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	6 NR BEG 4-5 NR INTER 5-6 NR PR.TM 6-7:30 CL ALL TEAM 4-8	7	8 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	9	10
11	12 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	13 NR BEG 4-6 NR INTER 5-6 NR PR.TM 6-7:30 CL ALL TEAM 4-8	14	15 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	16	17
18	19 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	20 NR BEG 4-6 NR INTER 5-6 NR PR.TM 6-7:30 CL ALL TEAM 4-8	21	22 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	23	24
25	26 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	27 NR BEG 4-6 NR INTER 5-6 NR PR.TM 6-7:30 CL ALL TEAM 4-8	28	29 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	30	

JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 GYM CLOSED	4 GYM CLOSED INDEPENDENCE DAY	5	6 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	7	8
9	10 NR & CL REC CAMP 12-2:30 PM CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	11 NR & CL REC CAMP 12-2:30 PM NR BEG 4-6 NR INTER 5-6 NR PR.TM 6-7:30 CL ALL TEAM 4-8	12 NR & CL REC CAMP 12-2:30 PM	13 NR & CL REC CAMP 12-2:30 PM CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM	14	15
16	17 NR 3-6 CAMP 8 AM -12 PM CL LV 3-6 CAMP 8 AM -12 PM CL LV 7-10 CAMP 1-5 PM	18 NR 3-6 CAMP 8 AM -12 PM CL LV 3-6 CAMP 8 AM -12 PM CL LV 7-10 CAMP 1-5 PM	19 NR 3-6 CAMP 8 AM -12 PM CL LV 3-6 CAMP 8 AM -12 PM CL LV 7-10 CAMP 1-5 PM	20 NR 3-6 CAMP 8 AM -12 PM CL LV 3-6 CAMP 8 AM -12 PM CL LV 7-10 CAMP 1-5 PM	21	22 GYM CLOSED
23 GYM CLOSED	24 GYM CLOSED	25 GYM CLOSED	26 GYM CLOSED	27 GYM CLOSED	28 GYM CLOSED	29 GYM CLOSED
30	31 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR TEAM 8:30-11 AM NR TEAM 5:45-8:15PM					

AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NR. BEG 4-6 NR. INTER. 5-6 NR. PR.TM 6-7:30 CL ALL TEAM 4-8	2	3 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	4	5
6	7 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	8 NR. BEG 4-6 NR. INTER. 5-6 NR. PR.TM 6-7:30 CL ALL TEAM 4-8	9	10 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	11	12
13	14 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	15 NR. BEG 4-6 NR. INTER. 5-6 NR. PR.TM 6-7:30 CL ALL TEAM 4-8	16	17 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	18	19
20	21 CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL BEG, INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	22 NR. BEG 4-6 NR. INTER. 5-6 NR. PR.TM 6-7:30 CL ALL TEAM 4-8	23	24 SESSION ENDS CL TEAM 8:30-11 AM CL TEAM 4-6:30 PM CL ALL TEAM 4-8 PM CL INT 4-5 PM CL PRETM 4-5:30 NR. TEAM 8:30-11 AM NR. TEAM 5:45-8:15PM	25	26
27	28 GYM CLOSED	29 GYM CLOSED	30 GYM CLOSED	31 GYM CLOSED	1 GYM CLOSED	2