



**2022 AAU Wisconsin District  
Girls Gymnastics Championships  
National Qualifier  
Friday – Sunday April 29<sup>th</sup> – May 1<sup>st</sup> 2022  
All Sessions have Flight A & B**

**Event Location ~ Onalaska Omni Center 255 Riders Club Road, Onalaska WI 54650**

**Friday April 29<sup>th</sup>, Levels 4 – 6 – 7 - 8, Open Optional, Xcel Platinum and Xcel Diamond  
Doors Open: 10:00AM**

<b>SESSION 1</b>	<b>Level 4 (74 Gymnasts)</b>		
Open Stretch	10:15AM	Clear Floor	10:35AM
March In	10:45AM	Competition	11:00AM
<b>Session 2</b>	<b>Level 6, 7, &amp; 8 (67 Gymnasts)</b>		
Open Stretch	1:30PM – 1:50PM	Clear Floor	1:50PM
March In	2:00PM	Competition	2:15PM
<b>Session 3</b>	<b>Open Optional, Xcel Platinum, &amp; Xcel Diamond (61 Gymnasts)</b>		
Open Stretch	5:30PM	Clear Floor	5:50PM
March In	6:00PM	Competition	6:15PM

**SATURDAY April 30<sup>th</sup> Level 5, Xcel Gold, Level 1, Xcel Bronze, & Xcel Silver  
Doors Open 7:45AM**

<b>SESSION 4</b>	<b>Level 5, Xcel Gold Age 12 &amp; Xcel Gold Ladies (65 Gymnasts)</b>		
Open Stretch	8:00AM	Clear Floor	8:20AM
March In	8:30AM	Competition	8:45AM
<b>SESSION 5</b>	<b>Xcel Gold Age 9, 10, 11, 13, 14, 15, 16, &amp; 18 (69 Gymnasts)</b>		
Open Stretch	11:15AM	Clear Floor	11:35AM
March In	11:45AM	Competition	12:00PM
<b>SESSION 6</b>	<b>Level 1 &amp; Xcel Bronze (89 Gymnasts)</b>		
Open Stretch	2:30PM	Clear Floor	2:50PM
March In	3:00PM	Competition	3:15PM
<b>SESSION 7</b>	<b>Xcel Silver (75 Gymnasts)</b>		
Open Stretch	5:15PM	Clear Floor	5:35PM
March In	5:45PM	Competition	6:00PM



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**Sunday May 1<sup>st</sup> Level 2, & Level 3  
Doors Open: 7:45AM**

<b>SESSION 8</b>	<b>Level 2 Age 5, 6, 9, 10, 11,12, 13, &amp; 14 (91 Gymnasts)</b>		
Open Stretch	8:00AM	Clear Floor	8:20AM
March In	8:30AM	Competition	8:45AM

<b>SESSION 9</b>	<b>Level 2 Age 7 &amp; 8 &amp; Level 3 Age 11 &amp; 12 (92 Gymnasts)</b>		
Open Stretch	11:00AM	Clear Floor	11:20AM
March In	11:30AM	Competition	11:45AM

<b>SESSION 10</b>	<b>Level 3 Age 7, 8, 9, 10, 13, &amp; 14 (84 Gymnasts)</b>		
Open Stretch	2:00PM	Clear Floor	2:20PM
March In	2:30PM	Competition	2:45PM

